2021
Counsellor Education Handbook

THE UNIVERSITY OF
WAIKATO
Te Whare Wānanga o Waikato

TE KURA TOI TANGATA
SCHOOL OF EDUCATION
Welcome to Counsellor Education

The counsellor education programmes at the University of Waikato are known nationally and internationally for their distinctive orientation, in teaching narrative approaches to counselling and therapy. Graduates of the programmes have taken up leadership positions as practitioners, practice leaders, researchers and counsellor educators.

Practising from a narrative orientation, a counsellor is interested in the stories that shape people’s lives. The stories that produce people’s lives are those available in the varied cultural worlds that people inhabit. Thus a counsellor is interested in the ideas, beliefs, social structures, and norms that people live by.

Counsellors pay particular attention to the language by which stories, and lives, are produced. Therapy, then, is a particular conversation, one that invites and enables people to take up various positions in relation with themselves, others, ideas and the world around them!

Narrative therapy is a collaborative therapy. Counsellors bring a genuine curiosity to counselling conversations that explore difficulties in the light of the hopes and purposes, understandings and preferences clients hold for their lives.

The following comments from graduates and students capture moments of their journeys in counsellor education at the University of Waikato:

“The programme offers ways of thinking that open space for creative life affirming possibilities to emerge. Expect to be challenged and stretched in new and exciting directions.”
Judith Graham, PhD (School Counsellor, Whakatane)

“The programme helps me to understand the world, others and myself in a different way, in my work and my own life. It helps me to understand my own culture better. The learning expands the space in my counselling room, and allows more possibilities, understanding, awareness, and change to happen.”
Linglin Shi, MCouns (Physician, Yiwu, China)

We look forward to you joining us.
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Please note: Information is correct at time of publication (2020). Some papers or programmes may be subject to change or cancellation. Te Kura Toi Tangata School of Education reserves the right to change, cancel or withdraw papers or programmes subject to availability.
Qualifications

Masters level

- Master of Counselling (MCouns)
- Postgraduate Certificate in Counselling with a specialisation in Counselling Supervision (PGCertCouns(CounsSup))
- Postgraduate Certificate in Counselling with a specialisation in Family Counselling (PGCertCouns(FamCouns)) (Not offered in 2021)
- Master of Education (Counselling Studies) (MEd)

Doctoral level

Doctor of Philosophy (PhD)

Counsellor Education contacts

Application forms are available at: waikato.ac.nz/go/MCouns (Go to Entry Requirements).

Administrative enquiries can be made to:

Jinah Lee
Programme Advisor - Postgraduate & Research
Phone: 07 838 4466 extn 6657
Email: counsellor.ed@waikato.ac.nz

Academic and professional enquiries can be made to:

Paul Flanagan
Professional Leader of Counsellor Education
Phone: 07 838 4466 extn 7728
Email: paulf@waikato.ac.nz
Master of Counselling (MCouns)

Programme details

Teaching focus

The MCouns programme is designed to offer students the opportunity to develop professional skills well-grounded in poststructuralist and constructionist theories. Such a professional education programme invites students to consider their own lives, and how they are storied, both as persons and professionals. The focus of the teaching is on providing experiences for students in which they can further develop professional attitudes, knowledge and competencies in the areas of counselling, group leadership, conflict resolution and practitioner research. Practice papers offer the opportunity for students to have supported professional experience in community and/or education settings. Efforts are made to cater for and respond to the individual student’s particular background and professional education goals.

Learning outcomes

The focus of students’ learning is expected to be on:

• Developing competence in the practices of counselling
• Grounding in philosophical and ethical issues relating to professional counselling practice
• Engaging critically with the theoretical concepts and research which underpin counselling practice
• Acquiring a knowledge of the professional context
• Developing a well-articulated theoretical position and reflective professional stance in counselling work.

Professional recognition

The Master of Counselling is an accredited qualification with the New Zealand Association of Counsellors (NZAC). The implication of this accreditation is that, upon application, graduates of the University of Waikato Master of Counselling will be granted Provisional Membership of NZAC.

Students completing this qualification at the University of Waikato are involved in a variety of work settings, including schools, community agencies, private practice, hospitals and health settings, universities and polytechnics, and government departments.

The programme is recognised by the Ministry of Education for secondary school counsellors and the Ministry may fund school counsellors.

Online learning and intensive workshops

Our programme provides for students in more distant settings from Hamilton. We use a format of intensive workshops (for practice-based teaching) backed up by a wide variety of internet-based teaching and learning activities.

Intensive workshops vary between two to five days, depending on the paper. Some papers which have a larger online component will have a single one-week intensive.

Distance students

Students from other parts of New Zealand, or from overseas, are welcome to apply for the programme provided that they can ensure that they will be able to attend programme selection events and classes. Dates for block courses on campus are included in this booklet. Practicum arrangements for the programme must be specially negotiated when enrolling from greater distances before enrolment can be confirmed.
Master of Counselling – enrolment patterns

The Master of Counselling is made up of a total of eight 500 level papers, a total of 240 points. The regulations for this qualification can be found in the University of Waikato Calendar.

The Master of Counselling degree includes four compulsory papers. The other four papers can be made up of any of the following:

- Four taught papers
- A four-paper thesis
- A three-paper thesis and one taught paper
- A two-paper dissertation and two taught papers
- A one paper directed study after consultation with the Professional Leader of Counsellor Education and three taught papers.

The four compulsory papers required for the Master of Counselling are:

- COUNS544 Discourse and Counselling Psychologies
- COUNS541 Counselling Skills
- COUNS542 Counselling Practicum
- COUNS545 Professional Practice of Counselling.

The paper COUNS549 Counselling and Contexts offers an orientation to the field of counselling and foundational skills. Students may be advised or required to complete this paper before enrolling in COUNS541 Counselling Skills. The selection process will identify when this paper is advised or required.

For those students enrolling in a full-time masters programme, the following enrolment package is suggested:

<table>
<thead>
<tr>
<th>Year One</th>
<th>COUNS544-X</th>
<th>Discourse and Counselling Psychologies*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>COUNS541-X</td>
<td>Counselling Skills*</td>
</tr>
<tr>
<td></td>
<td>COUNS543-B</td>
<td>Counselling Young People and Families</td>
</tr>
<tr>
<td></td>
<td>COUNS540-B</td>
<td>Working with Groups and/or</td>
</tr>
<tr>
<td></td>
<td>COUNS546-B</td>
<td>Conflict Resolution: Restorative Approaches and/or</td>
</tr>
<tr>
<td></td>
<td>COUNS549-H</td>
<td>Counselling and Contexts</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year Two</th>
<th>COUNS542-X</th>
<th>Counselling Practicum*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>COUNS545-X</td>
<td>Professional Practice of Counselling*</td>
</tr>
<tr>
<td></td>
<td>COUNS592</td>
<td>Dissertation (two-paper equivalent)</td>
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</tbody>
</table>
Students wanting a research emphasis in their programme might take the following papers:

<table>
<thead>
<tr>
<th>Year One</th>
<th>Paper Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>COUNS544-X</td>
<td>Discourse and Counselling Psychologies*</td>
</tr>
<tr>
<td></td>
<td>COUNS541-X</td>
<td>Counselling Skills*</td>
</tr>
<tr>
<td></td>
<td>COUNS543-B</td>
<td>Counselling Young People and Families</td>
</tr>
<tr>
<td></td>
<td>COUNS592</td>
<td>Thesis (one-paper equivalent – first of three)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Two</td>
<td>COUNS542-X</td>
<td>Counselling Practicum*</td>
</tr>
<tr>
<td></td>
<td>COUNS545-X</td>
<td>Professional Practice of Counselling*</td>
</tr>
<tr>
<td></td>
<td>COUNS593</td>
<td>Thesis (two-paper equivalent – completion of three-paper thesis)</td>
</tr>
</tbody>
</table>

(COUNS593 is a three-paper thesis. A full-time student would begin it in Semester B of their first year and complete it in their second year.)

*Compulsory.

Students wanting a professional emphasis in their programme might choose eight taught papers.

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<thead>
<tr>
<th>Year One</th>
<th>Paper Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>COUNS544-X</td>
<td>Discourse and Counselling Psychologies*</td>
</tr>
<tr>
<td></td>
<td>COUNS541-X</td>
<td>Counselling Skills*</td>
</tr>
<tr>
<td></td>
<td>COUNS543-B</td>
<td>Counselling Young People and Families</td>
</tr>
<tr>
<td></td>
<td>COUNS549-H</td>
<td>Counselling and Contexts</td>
</tr>
<tr>
<td></td>
<td>COUNS546-B</td>
<td>Conflict Resolution: Restorative Approaches</td>
</tr>
<tr>
<td></td>
<td>COUNS540-B</td>
<td>Working with Groups</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Two</td>
<td>COUNS545-X</td>
<td>Professional Practice of Counselling*</td>
</tr>
<tr>
<td></td>
<td>COUNS542-X</td>
<td>Counselling Practicum*</td>
</tr>
<tr>
<td></td>
<td>COUNS543-B</td>
<td>Counselling Young People and Families</td>
</tr>
<tr>
<td></td>
<td>COUNS546-B</td>
<td>Conflict Resolution: Restorative Approaches</td>
</tr>
<tr>
<td></td>
<td>COUNS540-B</td>
<td>Working with Groups</td>
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</table>

A part-time masters programme package could be as follows:

<table>
<thead>
<tr>
<th>Year One</th>
<th>Paper Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>COUNS544-X</td>
<td>Discourse and Counselling Psychologies*</td>
</tr>
<tr>
<td></td>
<td>COUNS540-B</td>
<td>Working with Groups</td>
</tr>
<tr>
<td></td>
<td>COUNS546-B</td>
<td>Conflict Resolution: Restorative Approaches and/or</td>
</tr>
<tr>
<td></td>
<td>COUNS549-H</td>
<td>Counselling and Contexts</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Two</td>
<td>COUNS541-X</td>
<td>Counselling Skills*</td>
</tr>
<tr>
<td></td>
<td>COUNS543-B</td>
<td>Counselling Young People and Families</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Three</td>
<td>COUNS542-X</td>
<td>Counselling Practicum*</td>
</tr>
<tr>
<td></td>
<td>COUNS545-X</td>
<td>Professional Practice of Counselling*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Four</td>
<td>COUNS592</td>
<td>Dissertation (two-paper equivalent) or</td>
</tr>
<tr>
<td></td>
<td>COUNS540-B</td>
<td>Working with Groups</td>
</tr>
<tr>
<td></td>
<td>COUNS546-B</td>
<td>Conflict Resolution: Restorative Approaches</td>
</tr>
</tbody>
</table>

*Compulsory.

Other part-time programmes, with a research or a professional emphasis, can be adapted from the full-time programmes outlined on pages 5 and 6.

The selection of papers for which students wish to enrol should be discussed with the Director of the Counsellor Education Programme after acceptance into the programme.
Enrolment note(s):

- Papers COUNS542 and COUNS545 must be taken as corequisites in the same year of study, and can only be taken after satisfactory completion of both COUNS544 and COUNS541.

- Students studying part-time must first enrol in COUNS544 before entering into the professional papers, including COUNS541 and COUNS543, or be concurrently enrolled in COUNS544 and COUNS541.

- Students wishing to enrol in COUNS543 Counselling Young People and Families should have completed COUNS541 Counselling Skills, or be concurrently enrolled in both of these papers.

- The paper COUNS543 Counselling Young People and Families is highly recommended.

- COUNS549 has optional modules on school counselling and addictions.

- The programme can be completed on a part-time or full-time basis. When enrolling, please note carefully the correct name for the paper you are intending to enrol for. The course names change according to the paper dates.

- Enrolment in the MCouns should be ongoing. Suspension or resumption of study requires the approval of the Professional Leader of Counsellor Education.
Research in the Master of Counselling

Students are encouraged to consider completing either a two-paper dissertation, or a three- or four-paper thesis. We encourage students to discuss their prospective programme with staff to plan for relevant options. Acceptance of a proposal to write a dissertation or thesis is by approval and depends upon academic performance in other papers and on professional achievements.

Master of Counselling students who are considering enrolling in a doctoral programme at some future date should complete a two-paper dissertation, COUNS592, or a three- or four-paper thesis, COUNS593, EDUCA594.

Practicum and supervision requirements

In order to gain a place in the programme, applicants must be able to demonstrate a relationship with a community-based counselling service or school or mental health service, which will give them access to an appropriate practicum placement. Students must have a commitment to ongoing appropriate professional supervision.

However, applicants should not establish any formal contract with an agency until they have been selected into the Counsellor Education Programme and have received all the necessary information on practicum placements.

In general, students in the first year of a full-time programme complete 200 hours in a professional counselling setting including 80 hours of counselling. They will engage in professional supervision. The supervisor must be a member of a professional helping body such as NZAC, ANZASW, NZPsS, or NZAP. Students should note that NZAC now requires applicants for membership to engage in supervision with a supervisor who is an NZAC member. Students must engage in a minimum of 16 supervision sessions in each of the practicum papers.

In the second year of the full-time programme students must complete 450 hours in counselling settings. Up to three placements may be arranged. Placements must have the approval of the Director of Counsellor Education.

Note(s): Successful applicants are responsible for setting up an appropriate placement to meet the requirements of the counselling practicum.

Ethical considerations

The Counsellor Education Programme has adopted the New Zealand Association of Counsellors' Code of Ethics, and all students participating in the programme must adhere to these ethical guidelines. In addition, students must also work under the code of ethics or practice of the agency, school or organisation in which they associate during their practicum commitments.

When students enter into practicum placements they must produce and sign a contract with a senior member of the organisation in which the practicum is carried out. The contract outlines the commitments made by both the student counsellor and the organisation. The contract generally covers the tasks that will be carried out by the student counsellor, the supervision requirements, and the extent of the commitment offered by both the student and the organisation.

All students are requested to apply for some form of membership of the New Zealand Association of Counsellors before completing their counsellor education programme with us. Student affiliation is now available at a reasonable price, and students can apply for provisional membership of NZAC after completing 200 hours of counselling in their placements. Working counsellors should not be practising with an MCoun without obtaining membership of the NZAC or some other appropriate professional organisation with a recognised code of ethics.
Criteria for selection of applicants

Academic requirements
A recognised undergraduate degree is required, preferably with a major in human development, psychology, education or social work. Sociology and anthropology are helpful supporting disciplines. A background in Māori studies, biculturalism, cross cultural studies, professional ethics, women's studies, interpersonal development, self-awareness and counselling will position students well for the programmes.

At least a B+ grade average in 300 level undergraduate papers is normally required to meet entry requirements at masters level.

There is provision for the waiver of up to 60 points for those who hold a masters degree in a related discipline. Applicants should discuss their situation with the Director of Counsellor Education.

Practical experience
Applicants should be able to produce evidence of prior experience in paid or relevant voluntary work in settings such as counselling, human services or community.

Applicants who have backgrounds in related applied professional disciplines, such as medicine, social work, teaching or nursing, will normally be deemed to meet practical experience criteria.

Personal qualities (Source: NZAC Handbook)

Self-knowledge
Applicants should have a high level of self-awareness and an awareness of self in relation to others. They should be emotionally stable, self-confident, resilient and trusting of others.

Sensitivity
Applicants should be sensitive to the needs and experiences of others. This must include an acknowledgement of and respect for differences stemming from race, gender, class, age, religion, disability and/or sexual orientation. Applicants should demonstrate a willingness to understand the Treaty of Waitangi and its implications for counselling practice.

Empathy
Applicants should be able to listen to and work effectively with the pain and distress of others.

Communication skills
Applicants should have interpersonal skills and an ability to communicate ideas clearly in oral or written form.

Respect from others
There should be evidence that an applicant is respected and accepted by others and is able to work effectively and constructively with them.

Professional awareness
Applicants should demonstrate an awareness of boundaries and ethical issues and function in a safe, responsible manner.
Self-development

Applicants should have a commitment to ongoing personal and professional development and should be prepared to undertake their own personal counselling when necessary.

(Source: NZAC Handbook)

Constructionist ideas and practices

Students should have an interest in and a commitment to understanding and engaging with the poststructuralist and social constructionist positioning on which the programme is based.

Procedure for application

Entry to the MCouns programme is through a formal selection process. This will take place over one day and involves applicants participating in a round of selection activities in groups.

The selection date for entry for 2021 is Wednesday 11 November 2020, 9am – 5pm. (In 2021 the selection date for the 2022 programme will be 10 November).

Completed MCouns application forms must be submitted by 1 October for the following academic year. A selection process for those wishing to begin their MCouns in B Trimester may be available on request. Please contact the Director of Counsellor Education.

Application must be made for both the PGCert Counselling (Counselling Supervision) and the PGCert Counselling (Family Counselling) by 30 November for the following academic year. There will be no new intake for the PGCert Counselling (Counselling Supervision) for 2021, but current students can continue with COUN548.

Application forms for all programmes are available at waikato.ac.nz/go/MCouns (go to Entry Requirements) or email counsellor.ed@waikato.ac.nz.
Scheduling details

Opening workshops for MCouns

The academic year begins with a Summer School paper, COUNS549 Counselling and Contexts. The first level core papers, COUNS544 Discourse and Counselling Psychologies, and COUNS541 Counselling Skills, will begin on-campus classes on the week of Tuesday 9 February (see below). On Tuesday 9 February there will be a welcome for students beginning the programme with the commencement of the Discourse paper. Details will be sent out with programme information after selection.

The first on-campus meeting for students doing the second year professional papers, COUNS545 Professional Practice of Counselling, and COUNS542 Counselling Practicum, will be on 18 and 19 February.

The following dates are those scheduled for classroom intensives in 2021. All dates are for class meetings from 9am to 5pm. All papers have attendance requirements.

Paper dates MCouns programme: block courses

<table>
<thead>
<tr>
<th>Paper Code</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>COUNS540</td>
<td>Mon 19 Jul - Fri 23 Jul</td>
</tr>
<tr>
<td>COUNS541</td>
<td>Thu 11 Feb - Sat 13 Feb</td>
</tr>
<tr>
<td></td>
<td>Wed 17 Mar - Fri 19 Mar</td>
</tr>
<tr>
<td></td>
<td>Wed 12 May - Fri 14 May</td>
</tr>
<tr>
<td>COUNS543</td>
<td>Tue 13 Jul - Fri 16 Jul</td>
</tr>
<tr>
<td></td>
<td>Tue 21 Sept - Fri 24 Sept</td>
</tr>
<tr>
<td>COUNS544</td>
<td>Tue 9 Feb - Wed 10 Feb</td>
</tr>
<tr>
<td></td>
<td>Mon 12 Apr - Fri 16 Apr</td>
</tr>
<tr>
<td></td>
<td>(marae noho: Mokau)</td>
</tr>
<tr>
<td>COUNS545</td>
<td>Thu 18 Feb - Fri 19 Feb</td>
</tr>
<tr>
<td></td>
<td>Wed 21 Apr - Fri 23 Apr</td>
</tr>
<tr>
<td></td>
<td>Wed 2 Jun - Fri 4 Jun</td>
</tr>
<tr>
<td></td>
<td>Mon 2 Aug - Wed 4 Aug</td>
</tr>
<tr>
<td>COUNS546</td>
<td>Mon 9 Aug - Fri 13 Aug</td>
</tr>
<tr>
<td>COUNS549</td>
<td>Mon 11 Jan - Fri 15 Jan</td>
</tr>
</tbody>
</table>

Paper dates PGCert Counselling: block course

<table>
<thead>
<tr>
<th>Paper Code</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUNS548</td>
<td>Thu 4 Mar - Fri 5 Mar</td>
</tr>
<tr>
<td></td>
<td>Thu 20 May - Fri 21 May</td>
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<td></td>
<td>Thu 26 Aug - Fri 27 Aug</td>
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</tbody>
</table>

Most papers begin online ahead of block courses on campus.

It is critically important that all enrolment formalities are completed before starting dates, so that there is access to the online learning forum.
Starting dates online for papers 2021

Core papers
COUNS541  Mon 1 Feb
COUNS542  Mon 1 Feb
COUNS544  Mon 1 Feb
COUNS545  Mon 1 Feb

Other optional papers
COUNS540  Mon 12 Jul
COUNS543  Mon 12 Jul
COUNS546  Mon 12 Jul

PGCert Papers:
COUNS548  Mon 1 Mar

Summer School
COUNS549  Tue 5 Jan

It is usual for people to have completed their academic and field-work commitments by the end of November.

A full-time programme is equivalent to 40 hours per week from the beginning of March until the end of November.
Core papers – Master of Counselling

COUNS544 Discourse and Counselling Psychologies
This paper offers a social constructionist and poststructuralist perspective on counselling, and includes consideration of psychological theories, which have influenced counselling practice. Students will be introduced to concepts, which enable analysis of therapeutic conversations.
• This paper includes an on-campus workshop and a five-day noho marae.
• This paper is also open by application to other graduates who demonstrate relevant background and experience.

Convenor: Dr Elmarie Kotzé

COUNS541 Counselling Skills
This paper provides the opportunity for students to develop competence in basic relational and conversational skills of counselling within a narrative perspective. Counsellors will develop a repertoire of counselling skills and strategies which are relevant in a variety of contexts. A workshop environment will be established early in the paper, where skills will be demonstrated and practised. During the on-campus workshops, students will participate in regular small group sessions, where counselling skills can be practised more intensively.
• Videotape feedback and peer supervision will be used.
• Students must arrange their own practicum placement in order to meet course requirements. They are required to complete 200 hours in this placement. The arrangements must be approved by the Director of Counsellor Education.
• Prerequisite or corequisite: COUNS544 Discourse and Counselling Psychologies.

Convenor: Dr Elmarie Kotzé

COUNS542 Counselling Practicum
Students may enrol in this paper after satisfactory completion of COUNS544, COUNS541 and preferably two optional papers for the Master of Counselling. They must also be concurrently enrolled in COUNS545.
• Paper COUNS542 will involve 450 counselling hours in an agency, organisation or school.
• All work with clients must be covered by approved placement and supervision agreements.
• Students must arrange their own practicum placement in order to meet course requirements. The arrangements must be approved by the Director of Counsellor Education.

Convenor: Dr Elmarie Kotzé

COUNS545 Professional Practice of Counselling
Students may enrol in this paper after satisfactory completion of COUNS544, COUNS541 and preferably two papers for MCouns. They must also be concurrently enrolled in COUNS542. This paper is designed to bring together the narrative theory and practice interests arising in the Counselling Practicum (COUNS542).
Students will meet on campus at regular intervals to present examples of their work with clients, to participate in peer consultation, and to investigate common problem-related concerns present in their counselling work.
• This is a compulsory paper for the Master of Counselling and is available only to students enrolled in this programme.

Convenor: Dr Elmarie Kotzé
Optional papers – Master of Counselling

COUNS549 Counselling and Contexts
This paper provides an overview of counselling practice and its contexts, including an optional module on school counselling. It teaches the skills and ethical perspectives of collaborative approaches to counselling, offering a particular introduction to narrative therapy.

Students may be advised or required to complete this paper before enrolling in COUNS541 Counselling Skills. Students applying for the MCouns programme will be informed upon being offered a place in the programme if they are required to take COUNS549 as a prerequisite/corequisite.

Convenor: Dr Paul Flanagan, Dr Elmarie Kotzé

Note(s): This paper is open by application to other graduates who demonstrate relevant background and experience.

COUNS540 Working with Groups
This paper explores dialogic group processes with selected kinds of groups. Students will be given the opportunity to develop group membership and leadership roles through observation, participation and evaluation during an experiential workshop format and through on-line discussions and assignments.

Convenor: Dr Paul Flanagan

Note(s): This paper is an optional paper of the Master of Counselling degree. This paper is open by application to other graduates who demonstrate relevant background and experience.

COUNS543 Counselling Young People and Families
This paper extends the narrative skills taught in COUNS541 Counselling Skills. Its particular focus is counselling children, young people, families and couples.

Convenor: Dr Elmarie Kotzé

Corequisite: COUNS541 Counselling Skills

Requirements: This paper is recommended. In some instances applicants to this paper who have counselling experience will be admitted. All students who enrol in this paper must be engaged in counselling practice.

COUNS546 Conflict Resolution: Restorative Approaches
This paper develops the skills of facilitating conflict resolution using mediation, conferencing and other types of restorative and generative conversations in families, schools and other contexts. A narrative perspective on conflict resolution features strongly in the paper.

Convenor: Dr Elmarie Kotzé

Note(s): This paper is an optional paper of the Master of Counselling degree, and a required paper for the PGDipEd and PGCertEd specialisation in Restorative Practice.
Postgraduate Certificates in Counselling

Postgraduate Certificate in Counselling (Counselling Supervision)

The PGCert Counselling (Counselling Supervision) is designed to offer graduates and postgraduates, who are experienced counselling practitioners, advanced education in supervision. The programme is comprised of two papers, COUNS547 Counselling Supervision, and COUNS548 Supervision Practice. These papers are taught in a combination of on-campus block courses, online teaching and individual consultation.

The Counselling Supervision paper provides an overview of the field, and includes directed participation in a group research project. The Supervision Practice paper will have an emphasis on the development of supervision practice and will involve the development of a practice folio.

Postgraduate Certificate in Counselling (Family Counselling)
- Not offered in 2021

The two-paper Postgraduate Certificate in Counselling (Family Counselling) offers a specialist postgraduate option in family and relationship counselling. There is a focus on the particular professional contexts of family and relationship counselling in Aotearoa New Zealand.

The qualification is designed for experienced counselling and social service practitioners who have already received professional education. Its aim is the development of the skills and knowledge of practitioners who wish to become more specialised in their work with families and couples, including work for the Family Court.

The Certificate normally consists of two 500 level papers:

- COUNS560 Advanced Relationship and Family Counselling I (Not offered in 2021)
- COUNS561 Advanced Relationship and Family Counselling II (Not offered in 2021)

Completion of the two papers gives students the PGCert qualification. On completion of the PGCert, the papers may also be credited towards a Masters in Counselling, for those students eligible to apply for masters study.

Master of Education (MEd) in Counselling Studies

This programme is suitable for qualified teachers and other education professionals who wish to further their career and develop leadership in a particular field of education. It is not a professional counselling qualification.

For more information about the MEd, please refer to the University of Waikato website (waikato.ac.nz/go/MEd).
Scheduled Dates for PGCert Papers in 2021

The postgraduate certificate combines online learning and on-campus learning. This approach provides students in more distant settings from Hamilton who are interested in learning about the ideas that we are teaching.

All PGCert papers are full-year papers. Our campus workshop dates are:

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<tr>
<th>Course</th>
<th>Supervision Practice</th>
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<tbody>
<tr>
<td>COUNS548</td>
<td>Thu 4 Mar – Fri 5 Mar</td>
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<td>Thu 20 May - Fri 21 May</td>
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<td>Thu 26 Aug – Fri 27 Aug</td>
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Applications for PGCert Programmes

Entry to these qualifications is by application.

Selection for the PGCert programmes is based on the following criteria:

- An approved undergraduate degree
- An approved counselling or social work qualification
- Five years experience in counselling or social practice
- Current membership of a recognised professional association in counselling or social work
- Access to suitable ongoing practice

The regulations allow for application from very experience professionals who do not meet all the above criteria.

Further details about the two PGCerts available at [waikato.ac.nz/go/PGCertCouns](http://waikato.ac.nz/go/PGCertCouns)
**Doctoral programme**

Practitioners who have a masters degree in counselling, and a strong background of practice in constructionist therapy, and who wish to develop further their understanding and practice of constructionist therapy in a particular aspect or context, are invited to apply for the PhD programme.

We convene an annual on-campus teaching week for doctoral students.

**Doctoral projects**

Current doctoral projects include:

- **Katie Wasson** – Lets get metaphysical: implications of digital phenotyping for young people and their relationship with smart phones.
- **Jeannie Grant** – Diversity inquiry: Exploring 'The Matrix” of difference and decoding identity through humor: A posthuman agnotological approach.
- **Huia Swann** – Social service practice with Whanau Maori in Aotearoa New Zealand.
- **Jenny Snowdon** – "But I still love him": Young women talk about love and violence.
- **Hala Barhoum** – Speaking out and breaking silence: Stories of sexually abused children in Jordan.
- **Romana Imran** – Work-family balance, institutional support and productivity: Experiences of women academics in Pakistan.
Online learning

Moodle

Moodle is the University’s online learning management system.

Accessing online classes

elearn.waikato.ac.nz

Once your enrolment is confirmed and you have your Student One Card (ID Card) you will need to go through the New User process to find out your username and set your password, so you can get access to the classes in which you have enrolled. To do this you will need to go to the ITS Help Desk website (help.waikato.ac.nz/tools). On that page there is a link to the New User process. Follow the instructions on screen and you will learn your username and be asked to set your password.

Email

The University provides all staff and students with a Gmail and Google Docs account.

Student wireless access on campus

Lightwire provides student access to the internet from computer labs and/or personal laptops and other mobile devices wirelessly. Students are currently allocated 1.5GB of data per month as part of their fees. Lightwire access is automatically enabled through the network account activation process.

Computer requirements for online study

It is recommended that you have a computer capable of running the latest Apple OSX, Linux or Microsoft Windows operating systems. The following free software programs are recommended: Google Chrome or Mozilla Firefox web browsers, Open Office (version 3.3 or newer), Zotero (version 3.0 or newer), Audacity (version 1.3 or newer), and iTunes (version 10 or newer).

Virus and malware protection

For students using a computer with the Microsoft Windows operating system we strongly recommend installing antivirus software and malware removal tools. Both Microsoft Security Essentials and Avast are freely available and downloadable antivirus software programs that are highly recommended. Other antivirus programs to consider included Symantec, Kaspersky, McAfee and AVG. The following malware removal tools are free and also highly recommended for Windows OS users: Windows Malicious Software Removal Tool, Malwarebytes Anti-Malware Free, and SuperAntiSpyware Free.
Staff and their research interests

Elmarie Kotzé  D Litt et Phil (RAU), MEd (Orthoped) (UP), Dipl Orthoped (UP), BA (SW) UP

I started my tertiary education in social work and branched out to education, psychology, family therapy and narrative counselling. I have been involved in the training and education of masters and doctoral students as narrative counsellors in a variety of professions. I teach in the professional programmes and contribute to undergraduate papers in our department. My interest includes participatory action research as co-search and collaboration and how this can benefit the research participants, develop praxis, the practice of witnessing and witnessing positions (witnessingproject.org), family therapy and narratives of counselling.

See staff profile: waikato.ac.nz/staff-profiles/people/elmariek

Paul Flanagan  MCouns, PGCertCouns (Supervision), GradDipArts (Psychology), BTheol, ATCL, MNZAC

I am a graduate of the Waikato MCouns programme, joining the teaching team in 2007. I teach across undergraduate and postgraduate papers. My previous professional counselling contexts included practice within schools, and community and government agencies. A member of the New Zealand Association of Counsellors since 1996, I served on NZAC’s National Supervision Committee from 2011 to 2018, and in 2020 will be one of the editors for the New Zealand Journal of Counselling.

See staff profile: waikato.ac.nz/staff-profiles/people/paulf

Wendy Talbot  PhD, MCouns, PGCertCounsSup (Waik), BCouns (Weltec), CATE (Wintec), MNZAC, Dapaanz

I took up a permanent Lecturer position in 2020 after a long association with the teaching team, as student, contributing teacher and Teaching Fellow. My particular research interest is critical reflexivity and the effects of this for personal and professional relationships. I have been a member of NZAC since 1995, and I am on the Association’s National Ethics Committee.

See staff profile: waikato.ac.nz/staff-profiles/people/wtalbot

Jenny Snowdon  MCouns, PGCert Professional Supervision, BSocSc, DipTchg, MNZAC

My first career was in early childhood. I completed my MCouns at Waikato, and will be submitting my PhD in 2020. My interest in how power is exercised in relationships informs my current doctoral research, my counselling practice, and my teaching contributions. I joined the teaching team as a Teaching Fellow in 2020, am an active member of the Waikato branch of NZAC, and have current connections with a nation-wide community of counsellors who have an interest in narrative-informed practice.

See staff profile: waikato.ac.nz/staff-profiles/people/jsnowdon

Contributing teachers

Contributing teachers for 2020 are: Eugene Davis, John Winslade, Donald McMenamin, Brent Swann, Huia Swann, Cheri Waititi, Michael Williams, Vicki Tahau-Sweet, Chomba Simwinga, Angela Barr, Titihuia Rewita, Sarah Linehan and David Watson.
Professional supervisor postgraduate study award

Te Kura Toi Tangata School of Education offers a postgraduate study award for professional supervisors in recognition of their work in supporting the School’s counsellor education programmes and students, and as part of the School’s aim to continue fostering strong connections between the University of Waikato and community agencies.

The study award is available to community agencies, supervisors in agencies and private practitioners to enable professional supervisors to enrol in a 30 point postgraduate (500 level) taught paper offered by Te Kura Toi Tangata School of Education. Each study award has a value of $1,000 for each professional supervisor per academic year.

A Professional Supervisor is defined as a counsellor/professional supervisor who provides professional supervision, or acts as the main source of professional support and guidance for student counsellors from the University of Waikato, while they are on practicum placement in counselling agencies or schools. For further information and the application form, please contact counsellor.ed@waikato.ac.nz.

Programme Administrator - Postgraduate & Research – Tracey Rowan
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Email: educ_grad@waikato.ac.nz